

Tried and True Methods of Memorization

1. Listening to Luke on CD can help those who are audio learners
 - a. You can listen in the car, or while going to bed
2. Writing out a verse or section from memory or copying can help visual memorizers and others
3. Repeating out loud
 - a. Good to take memorize small portions at a time (a verse or less), and then put them together
 - b. I would memorize parts of verses, then put the verse together, then add the verse to those already known in the paragraph. Once paragraph finished, recite with all other paragraphs in section or chapter. Continually review recently learned material and add on to it.
4. When memorizing lists, some possibilities include:
 - a. Acronyms (making a word out of the first letters of each word in the list)
 - b. Acrostics (using first letter of each word to make a new phrase with the same starting letters)
 - c. Make up a rhyme or song, or rhythm.
 - d. Identify elements of a list with things along a normal travel route (Method of Loci)
 - e. Combine elements of the list into larger “chunks”. This shortens the list.
5. Write out the first letter of each word, read it a few times, then begin erasing letters each time you read. Keep going until all the letters are gone. (A whiteboard works really well for this!)
6. Flash cards can really help in quizzing yourself (see front, have answer on back)
 - a. Can have regular questions about the material
 - b. Can also have first part of verse on front and end on the back

Repetition is the key!!!!!!!

Some Good Things To Know Before You Start Memorizing:

1. Color is easier to remember: highlight your scripture portion (a pattern can also help with refs)
2. Reciting something additional times after you “know it” puts it more into long term memory
3. Review within a day or two of things you learn will help you not to forget it right away
4. Memory is based on how much you’re interested in what you’re memorizing. Take time to think about what you’re learning and the significance of it, it will help you remember it.
5. Studying for too long at a time can cause your brain to have trouble focusing. When studying for over an hour, take a 10 minute break: it will pay off in the long run.
6. Memorize during normally empty time
 - a. Riding in the car
 - b. Ziploc bag in the shower
7. Time management will determine if you have time or not to study (need that skill for rest of life)
8. These skills are helpful in school and for the rest of your life

Sources:

http://www.web-us.com/memory/memory_and_related_learning_prin.htm

http://www.web-us.com/MEMORY/mnemonic_techniques.htm